Graduates of Lewis & Clark have entered the fields of medicine, dentistry, veterinary medicine, osteopathic medicine, medical technology, physical therapy, and nursing after postgraduate study at professional schools such as those at Oregon Health & Science University, the University of Washington, Vanderbilt University, Harvard University, Johns Hopkins University, Weill Cornell Medical College, and Wake Forest University. Advisors at Lewis & Clark guide students in selection of appropriate courses through individual counseling, group information sessions, literature, and the Internet. Other resources available include internships and a network of Lewis & Clark alumni working in the health professions who are willing to assist students in making career decisions.

Many courses required for admission to health-professional schools are sequential, so careful planning is essential. Students should consult as soon as possible with their academic advisor, assistant professor of chemistry and pre-med faculty advisor Dr. Julio de Paula, or Adonica DeVault in the Career Center. Students who plan to pursue postgraduate work in the health professions must take basic courses in biology, chemistry, mathematics, physics, and psychology at Lewis & Clark. Many health-professional schools require advanced coursework in some of these areas as well. They also strongly encourage students to develop a breadth of academic and cocurricular interests. Although many pre-med/pre-health students major in biology, biochemistry, or chemistry, students can enter graduate programs in the health professions with any undergraduate major, provided they have taken the courses required by the professional schools.