COUNSELING, THERAPY, AND SCHOOL PSYCHOLOGY COURSES

Note: Some of the courses listed below may not be offered during the current academic year. Current course offerings are listed in the online course schedule, WebAdvisor, available online (http://graduate.lclark.edu/academics/courses/course_schedule/).

Art Therapy (AT) Courses

AT 501 Theories of Counseling and Psychotherapy
Content: This course presents the history, theories, principles and techniques of counseling theories and their applications in professional settings.
Prerequisites: none
Corequisites: none
Restrictions: Admission into Art Therapy Program
Credits: 3 semester hours.

AT 510 Introduction to Art Therapy
Content: Introductory overview of the field of art therapy including history, development, major theories, and applications of art therapy with various client populations.
Prerequisites: None
Corequisites: None
Restrictions: Admission into Art Therapy Program
Credits: 3 semester hours.

AT 511 The Helping Relationship: Art Therapy Technique
Content: Basic theoretical assumptions of art therapy therapeutic relationships, review and practice of helping skills with an overview of social and cultural contexts, types of practice, supervision, ethical principles, and professional orientation.
Prerequisites: None.
Corequisites: None.
Restrictions: Admission to Art Therapy program or permission from CPSY department.
Credits: 3 semester hours.

AT 522 Diagnostic Appraisal and Testing
Content: Educational and psychometric theories and approaches to appraisal and diagnosis, data and information-gathering methods, psychometric statistics, factors influencing appraisals, and use of appraisal results in helping processes. The ability to select, administer and interpret tests and inventories is developed.
Prerequisites: AT-513, AT-530.
Corequisites: None.
Restrictions: None.
Credits: 3 semester hours.

AT 523 Child and Adolescent Art Therapy
Content: Art therapy with children and adolescents within family and sociocultural contexts. This course focuses on using a strength-based approach to building resilience within a developmental framework.
Prerequisites: AT-511
Corequisites: None
Restrictions: None
Credits: 3 semester hours.

AT 524 Cross-Cultural Counseling
Content: This course is intended to assist students in understanding the personal, situational, structural, and cultural influences that impede and enhance effective and justice-oriented art therapy practice.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy program
Credits: 1 semester hour.

AT 526 Clinical Practice Skills in Art Therapy
Content: Overview of basic counseling concepts and skills, including skill development through roleplaying and simulated counseling experiences in art therapy practice.
Prerequisites: AT-511
Corequisites: None
Restrictions: None
Credits: 1 semester hour.

AT 530 Clinical Assessment By Graphic Means
Content: Examination and analysis of the expressive and content components of graphic imagery in relation to clients’ domains of functioning and how it contributes to a deeper understanding of the clients’ clinical needs when formulating a clinical assessment and treatment plan.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy Program
Credits: 3 semester hours.

AT 535 Research Methods and Evaluation
Content: This course includes types of research; basic statistics; research-report development; research implementation; program evaluation; needs assessment; publication of research information; and ethical and legal considerations.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy Program
Credits: 3 semester hours.
AT 537 Art Therapy Research
Content: This course examines emergent methods in art therapy research. Students will explore models of research that involve an interdisciplinary approach: mixed methods, arts-based, and Expressive Therapies Continuum research. Students will be presented with examples of excellence within these paradigms and examine their value within the field.
Prerequisites: AT-535.
Corequisites: None
Restrictions: None
Credits: 1 semester hour.

AT 539 Art Therapy Professional Ethics
Content: Professional Orientation and Ethics provides a survey of current issues related to ethical practice and legal responsibilities within the disciplines of art therapy and related fields. Professional organizations and associations; preparation standards and credentialing, history and trends, ethical and legal standards and supervision are addressed.
Prerequisites: AT-501, AT-510
Corequisites: None
Restrictions: None
Credits: 3 semester hours.

AT 542 Adult Development & Family Therapy
Content: This course provides a contextual framework for art therapy treatment with adults and families through both traditional psychology and liberation psychology perspectives. Approaches and treatment methods are introduced in relation to the developmental stages of adult life, cultural contexts, systems and settings.
Prerequisites: AT-523, AT-510
Corequisites: None
Restrictions: None
Credits: 3 semester hours.

AT 545 Equity-Based Community Interventions in Art Therapy
Content: Equity-Based Community Interventions in Art Therapy includes exploring self-of-the-therapist, developing community program planning, engaging in equity-based practices, practicing methods of documentation that meet field standards, and building competency in the ethical practice of risk management.
Prerequisites: AT-570
Corequisites: none
Restrictions: none
Credits: 2 semester hours.

AT 550 Diversity and Social Equity
Content: This course is intended to increase the student’s understanding of the issues and dynamics in counseling across social and cultural lines. Students will explore the nature of society and culture and how these impact the counseling process. Students will broaden their scope of diversity awareness and knowledge including systems of power and privilege. Attention will be given to developing an understanding of the intersectionality of gender, class, race, and ethnicity in working with diverse populations in a counseling context.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy Program
Credits: 2 semester hours.

AT 563 Treatment Issues in Art Therapy Special Topics
Content: Applications of art therapy to treatment of individuals and families in crisis and transition. Topics include issues such as substance abuse, domestic violence, sexual abuse, trauma and loss, poverty, and chronic illness. A portion of this course emphasizes clinical case conceptualization and treatment planning.
Prerequisites: None
Corequisites: None
Restrictions: Enrollment in the Art Therapy program.
Credits: 1 semester hour.

AT 570 Art Therapy Candidacy Portfolio
Content: Comprehensive evaluation of the student’s level of clinical understanding of theory and art therapy practice in preparation for internship placement. This is a required course for all art therapy students moving into their third year of the program.
Prerequisites: AT-530
Corequisites: None
Restrictions: None
Credits: 1 semester hour.

AT 580 Art Therapy Practicum
Content: Students participate in art therapy faculty facilitated supervision to complement their practicum work in the community. The focus of the class is on providing ethical and competent client care. Skills that receive particular attention include the use of response art to aid in developing a therapeutic relationship, counselor empathy, compassion, and art therapist identity.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy program.
Credits: 1 semester hour.

AT 582 Art Therapy Internship
Content: Supervised practice bridging theoretical and clinical skills. Students engage in art therapy and related professional activities in community settings. Students prepare art therapy assessments, submit clinical samples for supervisory review, and present case findings.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy Program
Credits: 3 semester hours.

AT 583 Art Therapy Internship Studio
Content: Art Therapy Internship Studio encourages intensive involvement in personal artistic expression, creative exploration, and reflection on these processes through self-inquiry in the role of an emerging practitioner. Particular attention is paid to developing understandings of artistic process as a form of inquiry and the integral roles of ongoing artistic activity in the professional identity as an art therapist.
Prerequisites: None
Corequisites: None
Restrictions: Admission to Art Therapy Program
Credits: 1-2 semester hours.

AT 594 Art Therapy Capstone
Content: The Capstone is a culminating course that provides a platform for clinical reflection and practical matters for new art therapists entering the professional field.
Prerequisites: AT-570
Corequisites: AT-582
Restrictions: None
Credits: 1 semester hour.
Counseling Psychology (CPSY) Courses

CPSY 501 Introduction to Ecopsychology
Content: Ecopsychology is the field of inquiry concerned with the human-nature relationship. As a species, we came of age embedded in the natural world, and that need for nature still resides in our bodies, minds, and spirit. A substantial body of scientific evidence demonstrates the physical and psychological benefits of interacting with nature. There is a growing interest in this area of psychology as we recognize the decreased presence of nature in our lives; the exponential growth of technology in daily living; and the awareness of global climate change and the role psychology has to play in addressing it. Ecopsychology recognizes that one of the central challenges of our time is to integrate our embeddedness within the natural world with our scientific culture and our technological selves. This course guides students toward self-reflection regarding their environmental identity and their ‘sense of place’; it explores the motivations for integrating ecological perspectives into academic and professional work; and it addresses the interrelationship between human and planetary health and wellbeing.
Prerequisites: None.
Credits: 1 semester hour.

CPSY 506 Life Span Development
Content: Exploration of life span development through the lenses of social, cultural, cognitive, biological, and learning theories and research. Emphasis is on gaining better conceptual understanding of healthy development and better practical understanding of how to help children, adolescents, and adults address the developmental challenges they face across the life span. Particular focus placed on understanding our own developmental processes as well as the role of cultural difference and commonality in the developmental process.
Prerequisites: None.
Credits: 2 semester hours.

CPSY 514 Group Counseling With Children and Adolescents
Content: Instruction and practice in developing group treatments for children and adolescents in clinical and school settings. Students gain practice as group leaders in addressing issues related to group dynamics, cultural diversity, potential problems encountered when running groups, and generalization and maintenance of behavioral change. Students also gain experience constructing curricula for specific issues such as divorce, substance use, grief, and social skills.
Prerequisites: For Professional Mental Health Counseling or Professional Mental Health Counseling - Specialization in Addictions students, take MHCA 502 or MHC 503, and CPSY 506, and CPSY 550. For students in the School Psychology program, take SPSY 502.
Restrictions: Consent of Counseling Psychology department required.
Credits: 3 semester hours.

CPSY 515 Group Counseling With Adults
Content: Introduction to the major schools of thought regarding group therapy and the common factors associated with positive outcomes. Covers group dynamics, obstacles to success in group therapy, and the stages of group process. Role-playing, outside group membership, and demonstrations illustrate principles of effective group leadership.
Prerequisites: For students in Professional Mental Health Counseling or Professional Mental Health Counseling - Specialization in Addictions, take MHCA 502 or MHC-503, and CPSY 506, MHC 513, and CPSY 550. For Marriage, Couple, and Family Therapy students, take MCFT 511. For students in the School Psychology program, take SPSY 502.
Credits: 3 semester hours.

CPSY 519 Pre-Practicum in Community Engagement
Content: Examines strategies for developing collaborative partnerships with community-based agencies to promote social justice. Through supporting coursework, these student volunteers will gain a greater understanding of issues of resilience and mental health and wellness-facing the communities they serve, as well as knowledge about the policies and procedures that underpin the agencies they are working with.
Prerequisites: None.
Credits: 1 semester hour.

CPSY 522 Diagnosis of Mental and Emotional Disorders
Content: Introduction to the structure and uses of the DSM-5 and ICD-10 systems for diagnosing mental and emotional disorders. Limits and weaknesses of these approaches—especially with regard to cultural differences—and alternatives to them. How to use these systems effectively in the context of person-centered, psychosocial, and systemic interventions, and in culturally diverse environments. Current knowledge, theory, and issues regarding selected disorders. Use of technology-based research tools to secure and evaluate contemporary knowledge.
Prerequisites: For Marriage, Couple, and Family Therapy students, take MCFT 502, MCFT 504, and MCFT 511. For Professional Mental Health Counseling and Professional Mental Health Counseling - Specialization in Addictions students, take MHCA 502, CPSY-506, MHC 513, and one of the following: MHC 535 or CPSY 538.
Credits: 2 semester hours.

CPSY 523 Counseling and Interventions with Children and Adolescents
Content: Mental, emotional, and behavioral disorders of childhood and adolescence. Topics include identification, diagnosis, and planning of multifaceted counseling intervention and treatment strategies; developmental, social, and cultural influences on diagnoses and interventions; ecological and social-justice-oriented conceptualization and intervention across systems.
Prerequisites: Take MHC 503 or MHCA 502.
Restrictions: For Professional Mental Health Counseling and Professional Mental Health Counseling - Specialization in Addictions students, take MHCA 502, CPSY 506, MHC 513, and CPSY 550.
Credits: 3 semester hours.

CPSY 530 Research Methods and Statistics I
Content: Introduction to research methods with an emphasis on design, sampling, measurement issues, and introductory data analysis. Topics include (1) research design: elements of the research process, types of designs, program evaluation; (2) ethical considerations of research: informed consent, research with diverse and vulnerable populations, research with children, human subjects review; (3) basic measurement concepts: validity, reliability, norms, score interpretation; (4) basic statistical concepts: frequency distributions, central tendency, measures of variability, correlation. Reviews Web-based resources for conducting research. Note: Taught during the fall semester only, as the first course of a two-semester sequence. Students who wish to pursue the thesis-option M.S. program are advised to take this sequence as early as possible in their course of study.
Prerequisites: None.
Credits: 3 semester hours.
CPSY 531 Research Methods and Statistics II
Content: Research design and data analysis, inferential statistics. Simple and complex designs, normal distribution, z-test, t-test, analysis of variance, statistical power, simple regression. Overview of nonparametric and multivariate analysis. Note: Taught in spring semester only, as the second course of a two-semester sequence. Students who wish to pursue the thesis-option M.S. program are advised to take this sequence as early as possible in their course of study.
Prerequisites: None.
Credits: 3 semester hours.

CPSY 537 Qualitative Research Methods
Content: Overview and application of qualitative research methods. Through course readings, discussion, and practical application, candidates explore: (1) different approaches in qualitative research and epistemologies and common theoretical perspectives that undergird qualitative inquiry, and (2) various methods and techniques for gathering, interpreting, and making meaning of in-depth and rich information about things as they occur in their natural settings. Candidates gain the skills necessary to review and critique qualitative research and to design and undertake their own qualitative research.
Prerequisites: None.
Restrictions: Consent of instructor or program director.
Credits: 2 semester hours.

CPSY 538 Advanced Research Methods
Content: Designed for students with a strong psychological research methods background and/or those who are considering conducting an independent research project and completing a thesis. The course builds on student’s base of knowledge and provides opportunities to learn more about new and innovative designs and/or methods. Research paradigms, qualitative, quantitative, and program evaluation methods will be covered over the course.
Prerequisites: None.
Restrictions: Consent of instructor or at least one research methods and one statistics class taken as part of an undergraduate degree program passed with a B+ or better. (If you have only taken one course, but have other research experience such as writing a thesis or working as a research assistant, you may still be eligible.)
Credits: 3 semester hours.

CPSY 550 Diversity and Social Justice
Content: Development of diversity awareness and knowledge including systems of power and privilege. Introduction to methods/skills for working with clients who are diverse in culture, race, ethnicity, gender, age, sexual orientation, or physical or mental ability. Focus is on helping students become capable therapists in varied environments, including becoming aware of their own beliefs, biases, and prejudices.
Prerequisites: Take MHCA 502 or MHC 503.
Credits: 3 semester hours.

CPSY 551 Play Becomes Real: The Use of Playful Approaches and Expressive Media in Counseling
Content: In this course, we explore playful approaches and the use of drawing, clay, sand tray, music, and picture cards to understand their utility and application as ‘mediating tools’ in the counseling and therapeutic context as applied to individuals and groups of all ages. We focus on the work of one particular internationally recognized therapist and author, Dr. Violet Oaklander, an early pioneer of therapeutic work with children and adolescents from a Gestalt Therapy perspective utilizing expressive media and playful approaches.
Prerequisites: None.
Credits: 1 semester hour.

CPSY 552 Advanced Skills in Expressive Arts Therapy
Content: Designed for mental health practitioners interested in gaining an advanced understanding of the theory and practice of using expressive arts in therapy and counseling. Students will explore the mediating properties found in expressive arts for children, adolescents, and adults in clinical and school settings.
Prerequisites: Take CPSY-551 either previous to or concurrent with CPSY-552.
Restrictions: Student must have completed CPSY 551 or be registered for it in the same semester as CPSY 552.
Credits: 1 semester hour.

CPSY 553 Feminist Therapies
Content: Overview of feminist theoretical perspectives, methods, and therapies, which, though broad and diverse, nonetheless share a common focus on addressing the impact of gender socialization and cultural expectations on individuals and society. Emphasis is placed on diversity, ethics, and advocacy. Covers feminist counseling of women, men, and families. Students assist in the development of content for this course, which is taught within a feminist pedagogical framework.
Prerequisites: None.
Credits: 1-2 semester hours.

CPSY 554 Theoretical & Empirical Basis of Ecopsychology
Content: This course provides an introduction to ecopsychological theory and surveys research that supports the theoretical foundations of nature-based practices found in Ecotherapy and Wilderness Therapy. The course also covers related concepts, findings and practices in psychology and the social sciences that provide a foundation for conservation and sustainability work, and for environmental education, advocacy, and activism.
Prerequisites: CPSY 501
Credits: 1 semester hour.

CPSY 556 Treating Addictions in Marriage, Couple, and Family Therapy
Content: Family systems view of the development and maintenance of substance abusing patterns for family therapists and other health practitioners. Examines the contributions made to the understanding and treatment of substance abuse by family researchers, theorists, and clinicians. Considers clinical intervention methods of substance abuse with attention to the treatment of adolescents, couples, and families.
Prerequisites: Take MCFT 504.
Restrictions: Priority is given to Marriage, Couple, and Family Therapy and Professional Mental Health Counseling - Specialization in Addictions students. Permission of the Counseling Psychology Department Office.
Credits: 2 semester hours.

CPSY 557 Human Sexuality and Counseling
Content: Recent research on sexual health issues of importance to counselors. Issues include sexual health in childhood, adolescence, adulthood, and aging; review of recent research on sexual preference; and common sexual dysfunction experienced by rape and incest victims and modes of treatment.
Prerequisites: MHCA 502, MHC 503, or MCFT 502.
Credits: 2 semester hours.
CPSY 587 Engaging Boys & Men in Counseling and Education
Content: Research has demonstrated that a significant number of boys and men are struggling with engagement: with emotions, within social relationships, and within educational and mental health contexts. At the same time, many professionals in education and counseling are challenged with the ability to stay in good and helpful relational engagement with boys and men: with understanding both the social and biological influences on male development and with knowing how to connect with boys and men in ways that help them flourish. This course challenges adults who work with boys and men to see them in new ways and to develop skills that will help boys and men to be more interpersonally engaged within counseling and educational settings.
Prerequisites: None.
Credits: 1 semester hour.

CPSY 589 Professional Studies: Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

CPSY 590 Topics in Counseling Psychology
Content: Special topics in counseling psychology. Students may obtain a course description from the department office or website.
Prerequisites: None.
Credits: 0.5-3 semester hours.

CPSY 593 Integrating Spirituality Into Counseling
Content: Spirituality and religion provide a worldview, shape values, goals, perceptions, emotions, relationships, standards of conduct, and lifestyles for individuals and communities. With appropriate knowledge, concepts, skills, and ethical sensitivity counselors can help clients explore the ways their spiritual/religious beliefs and practices influence the challenges that bring them to counseling. Understanding these elements of experience opens possibilities for greater meaning, new coping abilities, and new resources to increase clients’ success and quality of life.
Prerequisites: None.
Credits: 2 semester hours.

CPSY 594 Proposal Writing
Content: Direct instruction and support for the process of preparing a thesis and/or other research or grant proposals. Includes both a colloquium and individual consultations with a thesis chair (or, if not writing a thesis, another faculty member). The colloquium will focus on the refinement of research questions, the specifics of research design, and the Human Subjects in Research application process. Consultations with thesis committee chair or other faculty member will focus on the development of a manuscript that clearly details the purpose of the research, summarizes relevant literature, and identifies the proposed design and methodology for the research project.
Prerequisites: None.
Restrictions: Permission of thesis coordinator.
Credits: 1 semester hour.

CPSY 595 Master's Thesis Research
Content: Completion of thesis research project under the direction of the chair of the candidate's thesis committee. Three semester hours, which can be taken in 1-semester hour increments, are required for degree. Grades are deferred until the candidate has successfully defended his or her thesis.
Prerequisites: Consent of thesis committee chair.
Restrictions: Consent of thesis committee chair.
Credits: 1-9 semester hours.

CPSY 596 Wilderness and Adventure Therapy Immersion
Content: This course provides an opportunity to explore ecopsychology concepts and practices in the context of a multi-day outdoor experience. Topics include backcountry safety, outdoor leadership, wilderness philosophy and conservation, benefits of immersion in natural settings and retreats from modern technologies, multicultural rites of passage, and techniques for mental health and substance abuse treatment. The course typically features an off-campus weeklong or multi-weekend residential format with activities such as tent camping, day or overnight hiking, mindfulness and team building exercises, rock climbing and river rafting. Equipment provided. Outdoor experience not required. There is course fee.
Prerequisites: CPSY 501.
Credits: 2 semester hours.

CPSY 597 Ecotherapy and Applied Ecopsychology
Content: This course in ecotherapy focuses on broadening and deepening the practice of psychotherapy by extending the psychotherapeutic context to include the natural world in which we live. We will further our survey of research that supports the theoretical foundations of ecotherapy found in environmental and conservation psychology, ecopsychology, evolutionary psychology, and biophilia. Specific practices and methods that incorporate nature into the therapeutic process will be explored and students will have the opportunity to practice these techniques. We will explore topics such as environmental identity, restorative effects of direct contact with nature, a 'sense of place,' the concepts of a Nature Language and Human Rewilding, and contemporary influences that affect the human-nature relationship. Ethical issues unique to the practice of ecotherapy will be discussed.
Prerequisites: CPSY-554, CPSY-501
Credits: 1 semester hour.

CPSY 598 Topics in Applied Ecopsychology
Content: This course provides an opportunity to explore ecopsychology and to gain experience in various roles such as counselor, therapist, educator, activist, consultant, or researcher. Course focus and format varies given year and instructor. Topics have included children and nature, environmental advocacy, writing workshop, and horticultural therapy.
Prerequisites: None.
Credits: 1 semester hour.

CPSY 599 Independent Study
Content: Independent Study enables a student to pursue, in collaboration with a faculty member, an academic course not currently offered. To receive credit for independent study, the student consults with the faculty member before registration to define the course content, title, amount of credit, and academic evaluation. As a general rule, a graduate student may apply no more than three courses of independent study toward a graduate degree or licensure.
Prerequisites: None.
Restrictions: Consent of instructor and submission of application for Independent Study to academic department office.
Credits: 0.5-5 semester hours.
CPSY 644 Practicum
Content: Supervised, on-site, pre-designed professional experience along with campus seminars involving discussions and presentations. Students explore the essential content knowledge, leadership, collaboration, and research skills of successful educators under the supervision of experienced field and campus supervisors.
Prerequisites: None.
Restrictions: Consent of instructor and submission of application for independent practicum to department office.
Credits: 1-3 semester hours.

CPSY 689 Professional Studies: Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

CPSY 699 Independent Study
Content: Independent Study enables a student to pursue, in collaboration with a faculty member, an academic course not currently offered. To receive credit for independent study, the student consults with the faculty member before registration to define the course content, title, amount of credit, and academic evaluation. As a general rule, a graduate student may apply no more than three courses of independent study toward a graduate degree or licensure.
Prerequisites: Consent of instructor and submission of application for Independent Study to academic department office.
Restrictions: Consent of instructor and submission of application for Independent Study to academic department office.
Credits: 0.5-5 semester hours.

CPSY 902 Culture and Community
Content: An intensive international or intercultural immersion course designed to raise awareness of issues in personal and community well-being in a particular community or region. After pre-visit briefings and readings, students visit professionals at schools, clinics, and NGOs to learn about the cultural and social realities of the community or region. The visit is followed by systematic reflection on implications for local practice and the understanding of one’s own self and society. Interdisciplinary approaches and interprofessional collaboration are emphasized.
Prerequisites: None.
Credits: 2 semester hours.

CPSY 989 Professional Studies: International Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

Eating Disorders
CPED 572 Introduction to Eating Disorders
Content: Etiology of eating disorders, including biological, cultural, and environmental factors. Assessment and diagnosis of eating disorders, appropriate levels of care and a thorough overview of medical complications.
Prerequisites: None.
Credits: 1 semester hour.

CPED 573 Fat Studies & Health at Every Size
Content: Explores the interdisciplinary field of scholarship in Fat Studies that aims to debunk weight-centric misconceptions and countering mainstream narratives. Examines fat bias, fat shame and weight-based oppression as a social justice issue that intersects with other systems of oppression. Introduction to the paradigm of Health At Every Size, a weight-neutral approach to health promotion that emphasizes size diversity, intuitive eating, and joyful movement. HAES is also an important paradigm in working with people who experience disordered eating.
Prerequisites: None.
Credits: 1 semester hour.

CPED 574 Body Politics
Content: Considers the relationship between body and power in global consumer cultures, the gendering and objectification of bodies, and the commodification of bodies in looksist societies. Raising awareness of body politics in the counseling process is reviewed to promote individual and relational wellbeing.
Prerequisites: None.
Credits: 1 semester hour.

CPED 575 Treatment of Eating Disorders
Content: Evidence-based approaches to treating eating disorders, including Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Radically Open Dialectical Behavior Therapy, Acceptance and Commitment Therapy, Interpersonal Psychotherapy and more.
Prerequisites: None.
Credits: 1 semester hour.

CPED 576 Treatment of Negative Body Image
Content: Research related to the impact of negative body image on all populations. Ways in which negative body image is developed and maintained. Special focus on people meeting criteria for eating disorders and body dysmorphia. Evidence-based treatment strategies to help clients make peace with their bodies.
Prerequisites: None.
Credits: 1 semester hour.

CPED 577 Nutrition
Prerequisites: None.
Credits: 1 semester hour.

CPED 578 Family Therapy in the Treatment of Eating Disorders
Prerequisites: None.
Credits: 1 semester hour.

CPED 580 Mind Body Connections in the Treatment of Eating Disorders
Content: Mindfulness, yoga, and somatic approaches to improving body image, embodied experience, and introspective awareness and the ability to identify, feel, and regulate emotions - critical components of the treatment of eating disorders and negative body image.
Prerequisites: None.
Credits: 1 semester hour.
Marriage, Couple, and Family Therapy (MCFT) Courses

MCFT 502 Introduction to Marriage, Couple, and Family Therapy
Content: Basic theoretical assumptions of the profession of marriage, couple and family therapy, with an overview of its historical roots, social and cultural contexts, types of practice, ethical principles, and professional orientation.
Prerequisites: None.
Credits: 1 semester hour.

MCFT 504 Family Therapy: Theory and Practice
Content: Overview of the fundamental assumptions and ideas of general systems theory and the basic premises of theoretical orientations within family therapy.
Prerequisites: None.
Credits: 3 semester hours.

MCFT 506 Applied Child and Adolescent Development
Content: This course offers an integrated application of developmental theory relevant to working with children and adolescents in family therapy. Emphasis is on developmentally and contextually appropriate intervention that addresses child and adolescent behavior, attachment, and other presenting issues such as child abuse, with attention to the impact of larger systems of power and privilege.
Prerequisites: None.
Credits: 2 semester hours.

MCFT 510 Legal and Ethical Issues in Family Therapy and Counseling
Content: Survey of current issues relating to ethical practice and legal responsibilities in family therapy. Addresses issues such as confidentiality, informed consent, dual relationships, and therapist liability. Includes models for ethical decision making, working with the legal system, and relevant aspects of family law.
Prerequisites: None.
Credits: 2 semester hours.

MCFT 511 Equity in Family Therapy
Content: Development of awareness and knowledge of diversity necessary to practice family therapy from liberation-based and social-justice-based frameworks. This includes interrogating multiple embedded systems of power and privilege relative to interconnections of identity and social position. Focus is on helping students become capable family therapists in diverse contexts, including becoming aware of their own beliefs, biases, and prejudices relative to culture, race, ethnicity, gender, age, sexual orientation, or physical or mental ability.
Prerequisites: None.
Credits: 3 semester hours.

MCFT 516 Family Development: Cross-Cultural Perspectives
Content: Family interaction processes and development within cultural contexts. Topics include: family development, diverse family forms, patterns and dynamics of family interaction, and the impact of social context and culture on family life.
Prerequisites: None.
Credits: 2 semester hours.

MCFT 522 Diagnostic Mental & Emotion Disorder
Content: Introduction to the structure and uses of the DSM 5 for diagnosing mental and emotional disorders. Limits and weaknesses of these approaches—especially with regard to sociocultural differences—and alternatives to them. How to use these systems effectively in the context of relational, biopsychosocialspiritual, systemic interventions, and in culturally diverse environments. Current knowledge, theory, and issues regarding selected disorders and their treatment.
Prerequisites: MCFT-502, MCFT-504, MCFT-511.
Credits: 2 semester hours.

MCFT 523 Psychopharmacology and Medical Issues in Family Therapy
Content: This course examines biological and medical issues in the practice of MCFT and includes an introduction to pharmacology. Emphasis is on understanding medical issues in family context and collaborating with other health professionals, as well as an examination of the sociopolitical context in which psychotropic drug regimens are developed, researched, and prescribed.
Prerequisites: MCFT 504 and CPSY 530 or equivalent.
Credits: 1 semester hour.

MCFT 526 Practical Skills in Marriage, Couple, and Family Therapy
Content: Overview of basic relational therapy concepts and skills, including skill development through role-playing and simulated counseling experiences.
Prerequisites: Take MCFT 504, MCFT 502, and MCFT 510.
Credits: 3 semester hours.

MCFT 530 Research Methods and Systemic Practice
Content: This course addresses the essential concepts related to research design and methodology that systems/relational practitioners need to become critical evaluators of research and prepare for conducting research in their own practices, with an emphasis on becoming an informed consumer of research and evidence-based practice. Students learn to apply research with critical awareness of the links between the process of inquiry, construction of knowledge, and cultural equity. Focus is on understanding each component of the research process, qualitative and quantitative designs, program evaluations, measurement issues and data analysis as well as the legal, ethical, and contextual issues involved in the conduct of clinical research and program evaluation.
Prerequisites: none.
Corequisites: none.
Restrictions: MCFT students only.
Credits: 2 semester hours.

MCFT 531 MCFT Research Seminar
Content: Application of research design methods and findings to systems/relational therapy. Focus on drawing conclusions from a body of literature related to clinical practice, identifying a specific research question, and developing a research proposal. Emphasis on the links between the context within which research is conducted and implications for socially responsible practice.
Prerequisites: MCFT-530.
Corequisites: none.
Restrictions: MCFT students only.
Credits: 1 semester hour.
MCFT 541 Systemic Assessment and Treatment Planning
Content: Application of family systems theories, social equity, and evidence based practice to assessment, diagnosis, and treatment planning in marriage, couple and family therapy. Course examines the theoretical assumptions and values underlying approaches to the treatment of major mental health issues and other presenting issues such as child behavior problems, addiction, suicide, familial violence, and families managing acute and chronic medical conditions. Specific assessment techniques and tools are discussed, evaluated, practiced, and applied to clinical diagnoses and treatment planning, including risk assessment and crisis intervention.
Prerequisites: MCFT 504, MCFT 511, MCFT 543, and MCFT 553
Corequisites: CPSY 530 or CPSY 538
Credits: 2 semester hours.

MCFT 543 Interpersonal Violence in Marriage, Counseling and Family Therapy
Content: This course addresses the widespread nature of interpersonal violence across individual, partner, familial, and societal levels. It provides family therapists with introductory knowledge and skills for the assessment and treatment of interpersonal violence and trauma in marriage, couple, and family therapy. The curriculum is informed primarily by feminist and critical multicultural theories and practices.
Prerequisites: None.
Credits: 1 semester hour.

MCFT 544 Sex Abuse Issues in Marriage, Couple, and Family Therapy
Content: This course is designed to help family therapists competently address sexual abuse situations from a systemic and relational perspective. This course provides introductory knowledge and skills for the assessment and intervention of sexual abuse. This course will also address ethical and legal issues in working with sexual abuse issues in marriage, couple, and family therapy. The curriculum is informed primarily by feminist and critical multicultural theories and practices.
Prerequisites: None.
Credits: 1 semester hour.

MCFT 545 Global Awareness in Professional Practice
Content: An overview course designed to enhance global awareness from a systems perspective. By viewing the world as a single place with interconnected social, political, environmental, economic, and biological dynamics, students are encouraged to recognize the impact of the global in all local contexts, including counseling and education.
Prerequisites: None.
Credits: 2 semester hours.

MCFT 546 Couple Therapy
Content: Systems/relational therapies and practices relative to assessment, research, and treatment of couples, with an emphasis on promoting relational justice through addressing power/privilege and the links between neurobiology, emotion, societal context, and couple interaction. Students develop competencies to work with a wide range of couples across the lifespan and diverse sociocultural contexts, with attention to issues such as intimacy, conflict, co-parenting, spirituality, infidelity, divorce, loss, and illness. Couple therapy for the treatment of trauma and mental health disorders will also be addressed.
Prerequisites: MCFT 504.
Credits: 3 semester hours.

MCFT 548 Advanced Ecosystemic Relational Therapy
Content: This advanced family therapy theories course integrates neuropsychobiological, ecological, spiritual aspects of human behavior with challenges that different societal contexts bring into family life. Addresses contemporary relational, experiential, and social constructionist approaches to marriage, couple, and family therapy and explores the intersections of clinical practice and social advocacy.
Prerequisites: MCFT 504.
Credits: 3 semester hours.

MCFT 561 Treatment Issues in Family Therapy
Content: Applications of systems/relational approaches to treatment of clinical issues. Course offerings address a variety of topics. Each course includes an emphasis on clinical case conceptualization, treatment planning, and intervention.
Prerequisites: None.
Credits: 1 semester hour.

MCFT 562 Treating Addictions in MCFT
Content: Family systems view of the development and maintenance of substance abusing patterns for family therapists and other health practitioners. This course will examine the contributions made to the understanding and treatment of substance abuse by family researchers, theorists, and clinicians; and will consider clinical intervention methods of substance abuse with attention to the treatment of adolescents, couples and families.
Prerequisites: MCFT-504
Corequisites: none
Restrictions: MCFT students only
Credits: 2 semester hours.

MCFT 563 Treatment Issues in Family Therapy
Content: An overview course designed to enhance global awareness from a systems perspective. By viewing the world as a single place with interconnected social, political, environmental, economic, and biological dynamics, students are encouraged to recognize the impact of the global in all local contexts, including counseling and education.
Prerequisites: None.
Credits: 2 semester hours.

MCFT 564 Family Therapy
Content: Introduces students to family work worldwide, including the emerging professionalization of family therapy in many countries. Foci include international family therapy education and clinical practice; transferability of family therapy knowledge across national contexts; and issues of power, resources, and colonization in transnational work.
Prerequisites: None.
Restrictions: Admission to the Marriage, Couple, and Family Therapy program.
Credits: 2 semester hours.

MCFT 565 International Family Therapy Capstone
Content: Culmination of a collection of courses and experiences related to international family therapy. Provides an opportunity for students to integrate their international knowledge and experience into local practice through service delivery to transnational communities.
Prerequisites: MCFT 567.
Restrictions: Admission to the Marriage, Couple, and Family Therapy program.
Credits: 2 semester hours.

MCFT 566 Sex Therapy
Content: Sexual health and introduction to treatment of sexual issues. Topics include sexual development across the lifespan, sexual orientation and identity, critique of the social construction of sex, systemic bio-psycho-social-spiritual assessment of sexual well-being, and treatment of specific sexual problems.
Prerequisites: MCFT 504
Restrictions: Instructor consent required.
Credits: 2 semester hours.
MCFT 570 Advanced Sex Therapy  
Content: Advanced knowledge and practice of sex therapy from a systemic, relational perspective. The course includes a focus on the professional context and educational requirements for eventual certification as a sex therapist.  
Prerequisites: MCFT 504, MCFT 526, MCFT 560, MCFT 569.  
Restrictions: Admission to the Marriage, Couple, and Family Therapy program.  
Credits: 2 semester hours.

MCFT 580 Practicum in Marriage, Couple, and Family Therapy  
Content: Supervised practicum bridging theoretical and practical topics. Students apply their emerging skills and understanding of family therapy models to their work with individuals, couples, families, and groups.  
Prerequisites: None.  
Restrictions: Consent of MCFT program director and MCFT clinical coordinator.  
Credits: 4 semester hours.

MCFT 582 Internship in Marriage, Couple, and Family Therapy  
Content: Applied training in family therapy during a 15 month internship, including supervised clinical practice with individuals, couples, and families using systemic, social constructionist, and critical family therapy models.  
Prerequisites: None.  
Restrictions: Consent of program clinical director.  
Credits: 1-4 semester hours.

MCFT 591 Professional Development Seminar  
Content: This seminar course provides a capstone experience in developing professional skills to prepare students for entry level career development and clinical practice in the field of family therapy. Students will self-reflect on their own social locations and consider how to build their career practices in ways that demonstrate attention to social justice and cultural democracy. This course will cover career related topics such as: AMFTRB practice exam preparation and successful achievement of a passing score, the OBLPCT licensing process, resume writing, cover letter writing, professional disclosure writing, exploring post-graduation MFT positions and career options, building a private practice, clinical membership, and engaging in professional MFT networks.  
Prerequisites: MCFT-582  
Corequisites: MCF5-582  
Restrictions: MCFT students only  
Credits: 1 semester hour.

MCFT 599 Independent Study  
Content: Independent Study enables a student to pursue, in collaboration with a faculty member, an academic course not currently offered. To receive credit for independent study, the student consults with the faculty member before registration to define the course content, title, amount of credit, and academic evaluation. As a general rule, a graduate student may apply no more than three courses of independent study toward a graduate degree or licensure.  
Prerequisites: None.  
Restrictions: Consent of instructor and submission of application for Independent Study to academic department office.  
Credits: 0.5-4 semester hours.

Mental Health Counseling (MHC) Courses

MHC 503 Introduction to Counseling and Social Justice  
Content: Basic theoretical assumptions of the counseling profession, with an overview of its historical roots, social and cultural contexts, types of practice, ethical principles, and professional orientation. Introduction to social justice principles and how they apply to professional counseling.  
Prerequisites: None.  
Credits: 2 semester hours.

MHC 509 Practical Skills for Counselors  
Content: Overview of basic counseling concepts and skills, including skill development through role-playing and simulated counseling experiences.  
Prerequisites: Take MHC 513 and either MHCA 502 or MHC 503.  
Credits: 3 semester hours.

MHC 511 Cultural Foundations and Social Justice  
Content: This course is intended to increase the student’s understanding of the issues and dynamics in counseling across social and cultural lines. Students will explore the nature of society and culture and how these impact the counseling process. Students will broaden their scope of diversity awareness and knowledge including systems of power and privilege. Attention will be given to developing an understanding of the intersectionality of gender, class, race, and ethnicity in working with diverse populations in a counseling context. Particular attention is paid to students’ understanding of themselves as cultural beings and their identities as helping professionals. This work is foundational for an introduction to methods and skills for working with clients who are diverse in culture, race, ethnicity, gender, age, sexual orientation, or physical or mental abilities.  
Prerequisites: None.  
Credits: 3 semester hours.

MHC 513 Theory and Philosophy of Counseling  
Content: Overview of counseling theories such as psychoanalytic, Adlerian, client-centered, cognitive-behavioral, multi-modal, Gestalt, feminist, existential, solution-focused, and brief therapy, as well as integrative approaches. Examines a wide range of theoretical perspectives and advocates professional knowledge of best practices. Students acquire knowledge of various counseling theories and critique their relevance to diverse populations and clinical situations. Students clarify their personal assumptions and learn how to explain their own theoretical stance. Issues of diversity and client matching are addressed throughout.  
Prerequisites: None.  
Credits: 3 semester hours.

MHC 524 Counseling and Interventions with Adults  
Content: Identification, assessment, diagnosis, and treatment of mental, emotional, substance abuse, and addictive disorders in late adolescence and adulthood. Covers adjustment, mood, anxiety, psychotic, dissociative, impulse, sexual, personality, and addictive disorders, including gambling and eating disorders. Topics include multicultural, interpersonal, and relationship factors; evidence-based treatments; and information technology research tools. Emphasis is on planning comprehensive, multifaceted treatment interventions.  
Prerequisites: Take either MHCA 502 or MHC 503. Take CPSY 506, MHC 513, and CPSY 550.  
Credits: 3 semester hours.
MHC 532 Ethical and Legal Issues in Professional Counseling
Content: Consideration of the applicable ethical and legal issues for mental health and school settings. Students develop skills in writing reports, assessments, and treatment plans.
Prerequisites: Take either MHCA-502 or MHC-503.
Credits: 2 semester hours.

MHC 534 Child and Family Counseling
Content: An introduction to theoretical systems and practical approaches to working with children and families in various counseling settings. Ethical principles, self-awareness, personal counseling style and honoring of diversity will be examined through textbook reading, class discussions, reflective assignments, as well as various classroom activities to assist students in beginning work with children and families. Students will practice counseling skills related to working with children and families and will develop awareness and intentionality in conceptualization of child and family clients.
Prerequisites: Take CPSY-506, MHC-513, CPSY-550 and either MHCA-502 or MHC-503.
Restrictions: Admission to Professional Mental Health Counseling or Professional Mental Health Counseling - Specialization in Addictions.
Credits: 3 semester hours.

MHC 535 Research Methods in Counseling
Content: Foundations of psychological research. Students are introduced to qualitative and quantitative research processes and basic concepts. Topics include (1) elements of the research process; (2) types of designs, program evaluation; (3) ethical considerations of research: informed consent, research with diverse and vulnerable populations, research with children, human subjects review; (4) basic measurement concepts: validity, reliability, norms, score interpretation; and (5) basic statistical concepts: frequency distributions, central tendency, measures of variability, correlation, normal curve, hypothesis testing, significance tests. Students read and evaluate examples of published research. Reviews Web-based resources for conducting research.
Prerequisites: None.
Credits: 3 semester hours.

MHC 536 Introduction to Addiction Counseling and Psychopharmacology
Content: General survey course providing a broad overview of the field of addiction counseling and the impact of addiction on child, adolescent, and adult populations. The course will summarize key points drawn from the following areas: the American experience with addiction and recovery, theoretical explanations for understanding addiction and dual diagnosis, basic pharmacology and neuroscience, and assessment and treatment issues specific to dual diagnosis and addiction counseling.
Prerequisites: Take MHC 503, CPSY 506, MHC 509, MHC 513, CPSY 522, and CPSY 550.
Credits: 2 semester hours.

MHC 540 Career Counseling
Content: Career development theories; current career trends, concerns, and programs/interventions for diverse client populations; career counseling strategies, tools, and resources (including Web-based resources); facilitation of client awareness, choice, and action with respect to career-related issues; integration of career counseling with mental health and addictions treatment. Emphasis is on developing a broad view of career as lifestyle, the mutual impact of career and culture, and the practical application of theory and information in a professional counseling context.
Prerequisites: None.
Credits: 2-3 semester hours.

MHC 541 Introduction to Assessment
Content: Principles of psychological assessment as employed in school, clinical, and applied settings. Addresses psychometric concepts such as validity, reliability, norms, and score interpretation. Surveys intelligence, personality, career, interest, aptitude, and achievement tests and reviews alternative methods of assessing competence and person-situation interactions. Contemporary issues such as the validity of instruments for diverse populations and the impact of technology on assessment are discussed.
Prerequisites: For Professional Mental Health Counseling students, MHC 503, CPSY 506, MHC 509, MHC 513, MHC 534, one of the following: MHC 535, or CPSY 538. For Professional Mental Health Counseling - Specialization in Addictions students, MHC 502, CPSY 506, MHC 513, CPSY 550, and one of the following: MHC 535, or CPSY 538.
Credits: 2 semester hours.

MHC 544 Practicum
Content: Supervised, on-site, pre-designed professional experience along with campus seminars involving discussions and presentations. Students explore the essential content knowledge, leadership, collaboration, and research skills of successful educators under the supervision of experienced field and campus supervisors.
Prerequisites: None.
Restrictions: Consent of instructor and submission of application for independent practicum to department office.
Credits: 1-3 semester hours.

MHC 548 Trauma and Crisis Intervention in Counseling: Theoretical Foundations, Response Models, and Interventions Across the Life Span
Content: This class includes the basic historical and theoretical foundations of crisis intervention and treatment of the effects of trauma. The main focus of study is current theory and practice models as well as the application of skills and techniques utilized in crisis interventions. The effects of crises, disasters, and other trauma-causing events will be differentiated across the lifespan. Principles of crisis intervention for people during crises disasters and other trauma-causing events will be examined utilizing a worldview context. Counselor self-care practice will be integrated into crisis and trauma work to bring into awareness and ameliorate the effects of crisis and trauma exposure.
Prerequisites: MHC 503 or MHCA 502, CPSY 506; MHC 509; MHC 532; CPSY 514 or CPSY 515; CPSY 522; CPSY 523; MHC 524; MHC 535 or CPSY 538; and CPSY 550.
Credits: 2 semester hours.

MHC 549 Treatment Planning: Theory and Research to Practice
Content: This course assists students in developing critical thinking, case conceptualization, and treatment planning skills. Students develop their abilities to gather data, conceptualize from their emerging theoretical perspectives, and plan treatment. Uses an ecological and social-justice framework to view the client in context, apply evidence-based practice with cultural sensitivity, and plan interventions across multiple systems (individual, family, and community).
Prerequisites: None.
Restrictions: Students must be concurrently registered in MHC-580
Credits: 1 semester hour.
MHC 580 Practicum in Counseling
Content: Working with clients in the practicum clinic, agency or school setting (eight to 10 hours per week, 150 hours total) under intensive supervision from CPSY faculty, developing the therapeutic relationship and basic counseling competencies. Students are expected to demonstrate personal characteristics and professional conduct necessary for effective, ethical counseling. Two semesters, 3 credit hour each required.
Prerequisites: None.
Restrictions: Consent of the program director.
Credits: 1-3 semester hours.

MHC 582 Mental Health Internship: Adult Emphasis
Content: Internship in a community setting. Participants engage in counseling and related professional activities under supervision.
Students write reports, prepare case histories, and submit work samples for supervisory review.
Prerequisites: MHC 580.
Restrictions: Consent of internship coordinator.
Credits: 3 semester hours.

MHC 583 Mental Health Internship: Emphasis on Child and Family Problems
Content: Internship in a community setting. Participants engage in counseling and related professional activities under supervision.
Students write reports, prepare case histories, and submit work samples for supervisory review.
Prerequisites: MHC 580.
Restrictions: Consent of internship coordinator.
Credits: 3 semester hours.

MHC 589 Professional Studies: Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

MHC 590 Topics in Counseling Psychology
Content: Special topics in counseling psychology. Students may obtain a course description from the department office or website.
Prerequisites: None.
Credits: 0.5-3 semester hours.

MHC 591 Professional Career Development
Content: This course is designed to apply principles of career development to the professional development of counselors in a variety of roles and settings. Administration, supervision, consultation, and other career-related opportunities for professional mental health counselors will be explored.
Prerequisites: MHC 580.
Credits: 1 semester hour.

Mental Health Counseling—Specialization in Addictions (MHCA) Courses

MHCA 502 Introduction to Professional Mental Health and Addiction Counseling
Content: Basic theoretical assumptions of the professional mental health and addiction counseling profession, with an overview of the historical roots, social and cultural contexts, types of practice, ethical principles, and professional orientation. Special attention and focus will be on issues related to diversity and social justice.
Prerequisites: None.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 2 semester hours.

MHCA 511 Practical Skills for Professional Mental Health and Addiction Counselors
Content: This course serves as an introduction to the basic counseling skills and techniques utilized in professional mental health and addiction counseling. Special focus is given to motivational interviewing, the trans-theoretical model of change, and to basic counseling concepts and skills. The various concepts, skills, and techniques presented in the course will be satisfactorily developed through demonstration, role-playing practice, and simulated videotaped counseling experiences.
Prerequisites: None.
Corequisites: SPSY 506 and CPSY 550.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 3 semester hours.

MHCA 525 Ethical and Legal Issues in Professional Mental Health and Addiction Counseling
Content: Consideration of the applicable ethical and legal issues for professional mental health and addiction counselors. Students develop skills in ethical assessment and resolution.
Prerequisites: MHCA 502, CPSY 506, MHCA 511, MHC 513, CPSY 522, MHC 524, MHC 534 or CPSY 504, MHC 535 or CPSY 530, MHC 511 or CPSY 550.
Corequisites: CPSY 514 or CPSY 515, CPSY 523, MHCA 545.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 2 semester hours.

MHCA 545 Drugs, the Brain, and Behavior
Prerequisites: None.
Restrictions: Permission of the Professional Mental Health Counseling - Specialization in Addictions program director.
Credits: 3 semester hours.
MHCA 546 Models of Addiction and Recovery
Content: Theories of the nature, course, causes, and effects of addiction to alcohol and drugs of abuse. Emphasis on physiological, social learning, and interpersonal models and theories. Natural history of onset, abuse, addiction, and recovery; effects of intergenerational transmission, genetic predilection, developmental risk, and sociocultural factors; effects on psychosocial development; impact of culture and gender differences. Implications for treatment.
Prerequisites: None.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions program director.
Credits: 3 semester hours.

MHCA 547 Addictions Treatment: Procedures, Skills, and Case Management
Content: Emphasis on developing detailed understanding and beginning skills in the use of specific strategies, procedures, and interventions in assessment, diagnosis, and treatment of substance abuse and addictive disorders. Topics include multiple modes and models of assessment, intervention and treatment, content and basic assumptions of different treatment modalities, organization of comprehensive treatment strategies, motivational interviewing in the context of stages-of-change models, contracting with clients, consultation, integration of medical and psychosocial treatments, referral processes and standards, issues of moderation versus abstinence, relapse prevention, and case management. Also covers documentation, record keeping and management, confidentiality, and ethical and legal issues.
Prerequisites: None.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions program director.
Credits: 3 semester hours.

MHCA 570 Seminar in Critical Issues for the Professional Mental Health and Addiction Counselor
Content: Final course in the Professional Mental Health--Addictions sequence, taken during the last year of study in the program. Addresses key issues of importance to new professional mental health and addiction counselors entering the field.
Prerequisites: Take MHCA 580.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 1 semester hour.

MHCA 580 Practicum in Professional Mental Health and Addiction Counseling
Content: In their initial supervised clinical training placement, Professional Mental Health Counseling - Specialization in Addictions practicum students learn to provide direct counseling services in community-based mental health, addiction, clinic, or school settings to clients experiencing the full range of mental health, addiction, and dual diagnosis issues. Practicum students receive weekly supervision in this class from a CPSY faculty or other clinical staff in conjunction with weekly individual/triadic supervision from a designated qualified professional at their clinical site. Student placements are for 8-10 hours per week for a total of 150 hours accrued during the placement. The group class provides supervision, feedback, and support for practicum students while doing their initial clinical training. Students are expected to demonstrate appropriate professional skills and the personal characteristics and professional conduct necessary for effective and ethical professional mental health and addiction counseling.
Prerequisites: None.
Corequisites: MHCA 546.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 3 semester hours.

MHCA 582 Internship in Professional Mental Health and Addiction Counseling
Content: Internship placement is in a community-based mental health/addiction or school setting. Participants engage in counseling and related professional activities under supervision. Students write reports, prepare case histories, and submit work samples for supervisory review.
Prerequisites: MHCA 502, CPSY 506, MHCA 511, MHCA 513, CPSY 514 or CPSY 515, CPSY 522, CPSY 523, MHC 524, MHCA 525, MHCA 535 or CPSY 530, MHCA 541, MHCA 540, CPSY 504, MHCA 545, MHCA 546, MHCA 547, CPSY 550, CPSY 564.
Corequisites: MHCA 540, MHCA 570.
Restrictions: Admission to Professional Mental Health Counseling - Specialization in Addictions or consent of program director.
Credits: 3 semester hours.

MHCA 589 Professional Studies: Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

MHCA 590 Topics in Counseling Psychology
Content: Special topics in counseling psychology. Students may obtain a course description from the department office or website.
Prerequisites: None.
Credits: 0.5-3 semester hours.

School Psychology (SPSY) Courses
SPSY 502 Introduction to School Psychology
Content: Overview of the history, systems, roles and functions of school psychologists. Readings in contemporary issues and historical events provide the foundation for graduate preparation in school psychology. Students observe the work of school psychologists and discuss the profession in a seminar format. This course is a practicum in school-based systems, and includes overviews of the theories and practices for school-based emotional, behavioral, social, and academic change.
Prerequisites: None.
Restrictions: Admission to School Psychology Program.
Credits: 3 semester hours.
SPSY 506 Development and Learning
Content: This course focuses on developmental theory and research as applied to the process of learning and education, age three to twenty-one. Emphasis will be placed in the following areas: candidates gaining knowledge to both differentiate and integrate multiple theoretical views on development; candidates gaining a better conceptual understanding of commonalities and differences in development; and, candidates gaining a better practical understanding of how to help children and adolescents address the developmental challenges they face, particularly in schools. In this course, child and adolescent development will be viewed through theories and research in the areas of interpersonal, emotional, cultural, cognitive, and physical development.
Prerequisites: None.
Credits: 3 semester hours.

SPSY 510 Ethical and Legal Issues for School Psychology Practicum
Content: Consideration of the applicable ethical and legal issues for school psychologists in mental health and school settings. Students develop skills in counseling, consultation, assessment, and intervention planning.
Prerequisites: None.
Restrictions: Consent of advisor.
Credits: 2 semester hours.

SPSY 517 The Exceptional Child in Schools
Content: Overview of the exceptional child in today's educational setting. Provides a basic understanding of special educational law and public policy related to the birth-to-three early intervention, preschool, K-12, and vocational transitioning populations. Exceptionalities studied include communication disorders, learning disabilities, intellectual disabilities, emotional disturbance, behavioral disorders, orthopedic impairments, other health impairments, traumatic brain injuries, hearing and vision impairments, and giftedness. Students gain an understanding of the criteria requirements for each category as outlined under the Oregon Administrative Rules and some of the unique evaluation considerations for each.
Prerequisites: None.
Credits: 2 semester hours.

SPSY 523 Counseling and Interventions in Schools
Content: This course will address the social-emotional and behavioral needs of students in schools, and strategies to support student well-being. Content will include identification, diagnosis, treatment planning, intervention, and progress monitoring; developmental, social, and cultural influences on diagnoses and interventions; and an ecological and social-justice-oriented approach to case conceptualization and intervention.
Prerequisites: None
Credits: 3 semester hours.

SPSY 530 Behavior Change in Schools
Content: Study of practices to help students develop more productive behaviors. Emphasis on behavior change procedures, procedures for completing a functional behavior assessment (FBA) and a behavior intervention plan (BIP), and research-based interventions for behavior change in schools.
Prerequisites: None.
Credits: 3 semester hours.

SPSY 531 Academic Skill Development and Intervention
Content: Overview of theory and procedures to prevent and remediate academic skills deficits of school-age children. Topics include intervention in reading, writing, math, and general academic interventions, and direct assessment for academic skills via curriculum-based measurement.
Prerequisites: None.
Credits: 3 semester hours.

SPSY 532 School Safety and Crisis Preparedness
Content: School Safety and Crisis Preparedness is an intensive, interactive and practice-dominated course that utilizes the evidence-based PREPaRE (Prevent, Reaffirm, Evaluate, Provide and Respond, Examine) curriculum to help school psychologists improve and strengthen their school safety and crisis management plans, respond effectively to emergency situations, and identify appropriate evidence-based intervention strategies.
Prerequisites: None.
Credits: 1 semester hour.

SPSY 533 Suicide Prevention and Intervention
Content: Suicide Prevention and Intervention is an intensive, interactive and practice-dominated course that utilizes the Applied Suicide Intervention Skills Training (ASIST) curriculum to help mental health professionals recognize and identify risk of suicide, and learn how to intervene to prevent the immediate risk of suicide.
Prerequisites: None.
Credits: 1 semester hour.

SPSY 534 Working with Culturally and Linguistically Diverse Students
Content: This course will focus on the relevance of cultural and linguistic diversity within school settings and communities as an essential knowledge and skill base for school psychologists. Beyond the creation of a knowledge base, school psychologists will examine ways in which factors of culture and language should be considered and addressed in consultation, counseling and assessment processes.
Prerequisites: None.
Credits: 1 semester hour.

SPSY 541 Assessment and Intervention I
Content: This course is the first of a three-part assessment sequence that addresses psycho-educational, social, emotional, and behavioral assessment of children and adolescents from birth through age 21. In this course, the focus is on gaining competency with the skills and tools needed to collect, interpret, and present data using observation, interviews, behavior rating scales, functional behavioral assessments, response to intervention, and assessments for children with pervasive developmental disabilities.
Prerequisites: CPSY 531.
Restrictions: Admission to the School Psychology Program or consent of instructor.
Credits: 3 semester hours.
SPSY 544 Assessment 1 Lab
Content: This course is a 1-credit lab course designed to be taken in conjunction with SPSY 545. SPSY 545 is the first of a three-part assessment sequence. SPSY 545 focuses on cognitive and academic measures. This course is designed to prepare students to (a) understand and learn the process of assessment. The course format stresses the formative evaluation of student progress toward a criterion of competence. Students are expected to master the administration, scoring, and basic interpretation of specific cognitive and achievement measures to a high level of mastery. Additional training and experience will be necessary, however, to further develop and refine skills and to apply them to diverse individuals in a variety of settings. Students demonstrating initial competence following this course will be ready for further training in individual intellectual assessment in supervised practicum experiences, but not for unsupervised/independent practice.
Prerequisites: None.
Corequisites: SPSY 545
Credits: 1 semester hour.

SPSY 545 Assessment I
Content: This course is the first of a three-part assessment sequence that addresses psycho-educational, social, emotional, and behavioral assessment of children and adolescents. In this course, the focus is on gaining competency with the skills and tools needed to collect, interpret, and present data using psycho-educational assessments involving cognitive and academic measures.
Prerequisites: None.
Restrictions: Admission to the School Psychology Program or consent of instructor.
Credits: 3 semester hours.

SPSY 546 Assessment II
Content: This course is the second of a three-part assessment sequence that addresses psycho-educational, social, emotional, and behavioral assessment of children and adolescents. In this course, the focus is on gaining competency with the skills and tools needed to collect, interpret, and present data using psycho-educational assessments involving cognitive and academic measures.
Prerequisites: None.
Restrictions: Admission to the School Psychology Program.
Credits: 3 semester hours.

SPSY 547 Assessment III
Content: This course is the third of a three-part assessment sequence that addresses psycho-educational, social, emotional, and behavioral assessment of children and adolescents. Ethical administration and interpretation is emphasized, including understanding the theory and specific uses and limitations of assessment tools, standardization procedures, properties of the normative sample, data-based interpretation of results, and issues of special populations and human diversity.
Prerequisites: None.
Restrictions: Admission to the School Psychology Program.
Credits: 3 semester hours.

SPSY 571 Prevention and Program Evaluation
Content: Theory, application, design, implementation, and evaluation of prevention and intervention programs for school-age youth in school and community settings. Students also examine the cultural, social, psychological, family, and political factors bearing on children's understanding of and experiences with alcohol and other drugs. Prevention and intervention through enhancement of social competence are presented from constructivist and ecological-developmental perspectives with application to individuals and to small-group and classroom-based settings.
Prerequisites: None.
Restrictions: Admission to the School Psychology Program.
Credits: 3 semester hours.

SPSY 573 School-Based Consultation
Content: Theory and practice of consultation, which is fundamental to the delivery of mental health services in schools. Covers models of behavioral and instructional consultation in schools and with families. In-school observations facilitate students' understanding of consultation in schools. Emphasis is on identifying ways to collaboratively assess and intervene in problematic behavioral and instructional situations. Addresses issues of cultural, linguistic, and socioeconomic differences.
Prerequisites: None.
Credits: 3 semester hours.

SPSY 574 Advanced School-Based Consultation
Content: The course is intended to provide an application of consultation and intervention skills, learned in previous courses, to an education setting. Focus is on completion of a school-based consultation case using a problem solving consultation model.
Prerequisites: None.
Restrictions: Admission to the School Psychology Program.
Credits: 3 semester hours.

SPSY 576 School Psychology Colloquium
Content: A Colloquium is an academic seminar on a broad field of study, usually led by a different lecturer at each meeting. This Colloquium will be focused on the broad field of School Psychology, and all candidates across all three cohorts of the school psychology program are required to attend in order to address, together, relevant topics of the profession that concern us all. The Colloquium meets four times per academic year, with a different topic as the focus for each meeting. These four topics include: 1) Issues in Practicum and Internship Supervision; 2) Variations of the Practice of School Psychology; 3) Alumni Relations and Mentorship; and 4) Cross-Professional Collaboration. The School Psychology Colloquium challenges school psychology candidates to address issues of concern across all three cohorts while simultaneously providing mentorship across these cohorts through conversation, guidance, and shared information. Course goals for participants include: a. Engaging with the data, research and theory regarding topics of shared concern in the field of school psychology. b. Gaining an understanding of the practices of mentorship, supervision and on-going professional development in the field of school psychology. c. Gaining an understanding of the variation and different forms of practice within the field of school psychology at the local, national and international level. d. Engaging with related professionals in the field of education regarding topics of shared concern in an effort to better differentiate and integrate as working professionals.
Prerequisites: None.
Credits: 0.5 semester hours.
SPSY 580 Practicum in School Psychology
Content: Didactic class instruction, practicum placement, and clinical training related to work as a professional school psychologist. Covers the application of psychological therapies with children, adolescents, and families in educational settings, as well as skills involved in collecting data for consultation and assessment at the practicum site. Foci will include the development and application of diversity awareness and knowledge including systems of power and privilege; awareness of one's own beliefs, biases, and prejudices; and methods/skills for working with those who are diverse in culture, race, ethnicity, gender, age, sexual orientation, or physical or mental ability. In weekly seminars, students review research, theory, and practice. Students also present audio and/or video recordings of their counseling for supervisory review.
Prerequisites: SPSY 510.
Restrictions: Consent of advisor.
Credits: 1-3 semester hours.

SPSY 582 Internship in School Psychology
Content: Supervised experience as a school psychologist. Direct weekly supervision is provided by a field-based licensed school psychologist and indirect supervision by the course instructor. Interns provide school psychology services in consultation, counseling, assessment, intervention development, and program evaluation with K-12 students in special and regular educational settings. Regular seminar meetings allow for group supervision and the examination of legal, ethical, and professional issues. A comprehensive examination of school psychology is included.
Prerequisites: None.
Restrictions: Consent of instructor.
Credits: 1-4 semester hours.

SPSY 589 Professional Studies: Special Topics
Content: In-depth examination of topics relevant to practicing professionals. Course content is based upon recent research and directly informs practice.
Prerequisites: None.
Credits: 1-4 semester hours.

SPSY 590 Topics in Counseling Psychology
Content: Special topics in counseling psychology. Students may obtain a course description from the department office or website.
Prerequisites: None.
Credits: 0.5-3 semester hours.

SPSY 599 Independent Study
Content: Independent Study enables a student to pursue, in collaboration with a faculty member, an academic course not currently offered. To receive credit for independent study, the student consults with the faculty member before registration to define the course content, title, amount of credit, and academic evaluation. As a general rule, a graduate student may apply no more than three courses of independent study toward a graduate degree or licensure.
Prerequisites: None.
Restrictions: Consent of instructor and submission of application for Independent Study to academic department office.
Credits: 1-4 semester hours.