

Course Catalog 2011-2012

Lewis & Clark
Graduate School of
Education and Counseling



Disclaimer

Lewis & Clark College reserves the right to withdraw courses at any time, change the fees, change the rules and calendar regulating admission and graduation requirements, and change any other regulations affecting the student body. Changes shall become effective when approved and shall apply not only to prospective students but also to those who are matriculated in Lewis & Clark College at the time. The contents of this catalog are based on information available to the administration at the time of publication.

Nondiscrimination Statement

Lewis & Clark adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. Lewis & Clark does not discriminate on the basis of actual or perceived race, color, sex, religion, age, marital status, national origin, the presence of any physical or sensory disability, veteran status, sexual orientation, gender identity, or gender expression and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws, including Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, the Age Discrimination Act, the Americans With Disabilities Act of 1990, and their implementing regulations.

ADA Statement

Lewis & Clark is committed to serving the needs of its students with disabilities and learning differences. Professional staff in Student Support Services ensure that students with disabilities receive the benefits of a comprehensive selection of services as outlined under the Americans With Disabilities Act (1990) and Section 504 of the National Rehabilitation Act of 1973. A formal student disability grievance procedure provides prompt and equitable resolution of any complaints related to ADA or Section 504.

To view the full text of Lewis & Clark's disability policy, visit go.lclark.edu/student/disability/policy.

Please route undergraduate and graduate student requests for accommodations through Student Support Services at www.lclark.edu/offices/student_support_services.

Security

The security of all members of the campus community is of vital concern to Lewis & Clark. Information about safety, the enforcement authority of the Office of Campus Safety, policies concerning the reporting of any crimes that may occur on campus, and crime statistics (Clery) for the most recent three-year period is available at www.lclark.edu/about/campus_safety. You may also request this information from the Office of Campus Safety at 503-768-7855.

Accreditation

Lewis & Clark is accredited by the Northwest Commission on Colleges and Universities (NWCCU). Lewis & Clark is a member of the American Council on Education, the Asso-

ciation of American Colleges, the College Entrance Examination Board, and the Northwest Association of Private Colleges and Universities. Lewis & Clark is on the approved lists of the American Chemical Society and the American Association of University Women.

Graduate programs in education and counseling psychology are approved and accredited by the appropriate associations and agencies including:

- Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE)
- National Association of School Psychologists (NASP)
- National Council for Accreditation of Teacher Education (NCATE)
- Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT)
- Oregon Teacher Standards and Practices Commission (TSPC)

All NCATE accredited institutions are required to include the following statement in their publications: The Graduate School of Education and Counseling at Lewis & Clark College is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

The Council for Accreditation of Counseling and Related Educational Programs (CACREP) covers Professional Mental Health Counseling (formerly Community Counseling) and Professional Mental Health Counseling—Addictions (formerly Addiction Studies) programs, which are currently accredited under the 2001 standards for Community Counseling Programs.

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Ecopsychology in Counseling

Ecopsychology is a worldview and social movement that recognizes a synergy between human mental health and wellbeing and the health and integrity of the natural environment. It focuses on the subjective and therapeutic aspects of people's environmental beliefs and behaviors as well as their emotional responses to environmental issues.

The Ecopsychology in Counseling Certificate at the Lewis & Clark Graduate School of Education and Counseling provides an opportunity for students to explore ecopsychology while preparing to become professional counselors or therapists in a nationally respected graduate program, with access to the educational resources available in Portland, Oregon, a center for ecological living and sustainability innovation.

The course of study includes an orientation to the theoretical and empirical foundations of ecopsychology, skills courses focusing on ecotherapy and wilderness and adventure therapy, and special topics courses focusing on areas such as child development, environmental advocacy, and behavior change. Students also complete a capstone project that may include a master's thesis, a supervised practicum, independent study, or a special series of electives.

Ecopsychology in Counseling Certificate

The Ecopsychology in Counseling Certificate program is a 10-credit sequence including required courses and a capstone project that may include a thesis, a supervised practicum, independent study, or a special series of electives.

Admission to the certificate requires acceptance and good standing in one of the following Counseling Psychology Department programs at Lewis & Clark: Professional Mental Health Counseling, Professional Mental Health Counseling—Addictions, School Psychology, or Marriage, Couple, and Family Therapy.

With coordinator approval, certificate courses may also be open to alumni of the graduate school, master's level graduates with comparable prerequisites from an accredited program, and students undertaking comparable counseling degrees at other institutions.

Professional Licenses and Certifications

By situating the Ecopsychology in Counseling Certificate in the context of Lewis & Clark's accredited Department of Counseling Psychology programs, students have the opportunity to add a 10-credit certificate to their degree program, and upon graduation be prepared for additional supervised practice and the option to seek licensure or certification as a professional counselor or marriage and family therapist in Oregon and most states.

Certificate Requirements

A minimum of 10 semester hours, including:

Required Courses

CPSY 528	Introduction to Ecopsychology in Counseling	3
CPSY 596	Wilderness & Adventure Therapy Intensive	2
CPSY 597	Ecotherapy	2
CPSY 598	Topics in Applied Ecopsychology	1

Students must also complete a capstone project worth 2 semester hours. Students work with an advisor to identify either elective courses to meet the capstone requirement or choose from the following:

CPSY 544	Practicum	2
or CPSY 595	Master's Thesis Research	
or CPSY 599	Independent Study	

Courses

CPSY 528 Introduction to Ecopsychology in Counseling

Content: Ecopsychology recognizes a connection between mental health and the natural environment and explores ways in which psychological knowledge and practices can contribute to the solution of environmental problems. This course provides an introduction to ecopsychology practices in counseling and a survey of related research findings in environmental and conservation psychology on topics such as the health benefits of natural settings, the development of environmental identities, and promotion of conservation behaviors. Students will be guided toward self-reflection regarding their own environmental identity, their motivations for integrating environmental approaches into counseling, and ways to integrate ecopsychology into their existing theory and practice base.

Prerequisites: CPSY 503, CPSY 507, or CPSY 569 or consent of program coordinator.

Corequisites: CPSY 506, CPSY 550, and one of the following: CPSY 504, CPSY 508, CPSY 513.

Credits: 3 semester hours.

CPSY 596 Wilderness & Adventure Therapy Intensive

Content: This course explores the application of mental health and substance abuse treatment in outdoor settings and discusses therapeutic uses of outdoor challenge activities for recreation, personal growth and reflection, and to enhance counseling & psychotherapy. We will examine research on the benefits of green spaces and outdoor experiences on stress reduction, restoration of attention, enhanced self concept, cognitive development, treatment of emotional and substance abuse disorders, and promotion of personal meaning. Key areas of focus will be on cultural and socio-economic diversity in terms of attitudes toward and access to wilderness-like settings or outdoor adventure, and on practices of outdoor safety, low impact camping, and group facilitation. The course meets one day on campus and four days of overnight camping in a local state park. Experience with wilderness or adventure therapy is not required though some comfort with tent camping and hiking is encouraged. All equipment is provided.

Prerequisites: CPSY 528.

Credits: 2 semester hours.

CPSY 597 Ecotherapy

Content: This course will provide resources and techniques for mental health providers to utilize nature-based activities and metaphors in their therapeutic work, address concerns about environmental issues they may encounter during the course of counseling, and to harness individuals' values about ecology or sustainability to foster therapeutic goals. This application course builds on the material covered in Introduction to Ecopsychology in Counseling. Topics such as addressing grief and despair about environmental issues, using contacts with restorative natural settings to promote counseling goals, and working with diversity in an ecotherapy context will be explored using didactic presentations, role-playing, outdoor activities, video presentations, and guest speakers.

Prerequisites: CPSY 528.

Credits: 2 semester hours.

CPSY 598 Topics in Applied Ecopsychology

Content: This course provides opportunities to explore the roles of a counselors and therapists as advocates, consultants, or researchers in the field of ecopsychology. Topic varies from semester to semester.

Prerequisites: CPSY 528.

Corequisites: None.

Credits: 1 semester hour.