Course Catalog
2011-2012

Lewis & Clark
College

http://docs.lclark.edu/undergraduate/
Accreditation

Lewis & Clark College is accredited by the Northwest Commission on Colleges and Universities. Lewis & Clark is a member of the American Council on Education, the Association of American Colleges, the College Entrance Examination Board, and the Northwest Association of Private Colleges and Universities. Lewis & Clark is on the approved lists of the American Chemical Society and the American Association of University Women.

Disclaimer

Lewis & Clark College reserves the right to withdraw courses at any time, change the fees, change the rules and calendar regulating admission and graduation requirements, and change any other regulations affecting the student body. Changes shall become effective when approved and shall apply not only to prospective students but also to those who are matriculated in Lewis & Clark College at the time. The contents of this catalog are based on information available to the administration at the time of publication.

Nondiscrimination Statement

Lewis & Clark adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. Lewis & Clark does not discriminate on the basis of actual or perceived race, color, sex, religion, age, marital status, national origin, the presence of any physical or sensory disability, veteran status, sexual orientation, gender identity, or gender expression and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws, including Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, the Age Discrimination Act, the Americans with Disabilities Act of 1990, and their implementing regulations.

ADA Statement

Lewis & Clark is committed to serving the needs of its students with disabilities and learning differences. Professional staff in Student Support Services ensure that students with disabilities receive the benefits of a comprehensive selection of services as outlined under the Americans With Disabilities Act (1990) and Section 504 of the National Rehabilitation Act of 1973. A formal student disability grievance procedure provides prompt and equitable resolution of any complaints related to ADA or Section 504.

To view the full text of Lewis & Clark’s disability policy, visit go.lclark.edu/student/disability/policy (http://search.lclark.edu/keywords/919).

Please route undergraduate and graduate student requests for accommodations through Student Support Services at www.lclark.edu/offices/student_support_services.

Security

The security of all members of the campus community is of vital concern to Lewis & Clark. Information about safety (http://www.lclark.edu/about/campus_safety/overview/), the enforcement authority of the Office of Campus Safety (http://www.lclark.edu/about/campus_safety/), policies (http://www.lclark.edu/about/campus_safety/policies/) concerning the reporting of any crimes that may occur on campus, and crime statistics (Clery) (http://www.lclark.edu/about/campus_safety/crime_statistics/) for the most recent three-year period is available at www.lclark.edu/about/campus_safety. You may also request this information from the Office of Campus Safety (http://www.lclark.edu/about/campus_safety/) at 503-768-7855.

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Physical education and physical fitness are important aspects of a curriculum that stresses the physical, mental, and social dimensions of the human experience. Integral to a liberal arts education is a recognition of the importance of health and fitness. Therefore, Lewis & Clark offers a comprehensive physical activity program that emphasizes physical fitness and the acquisition of skills and knowledge for lifelong activities.

**Facilities**

Pamplin Sports Center and Zehntbauer Swimming Pavilion are the major indoor health and fitness facilities on campus. They house an eight-lane swimming pool, a gymnasium with three basketball courts, an extensive fitness center, and an activity room for self-defense, martial arts, and aerobics classes. Locker rooms are available for people participating in classes, recreation, and athletic events. Griswold Stadium, Fred Wilson Field, and Eldon Fix Track feature a lighted, state-of-the-art track and synthetic playing field. The campus has six tennis courts that were recently resurfaced. Other facilities include the Huston softball-baseball complex and an outdoor pool, which is open during the summer.

Lewis & Clark also has waterfront docks and storage for sailing and rowing on the Willamette River.

**Course Subjects**

Specific offerings may include the following:

- aerobics
- badminton
- ballroom dancing
- baseball
- basketball
- bowling
- country and western dancing
- cross training
- cycling
- fitness walking
- flag football
- golf
- hula dancing
- jogging
- lifeguard training
- martial arts
- Pilates
- qigong (chi kung)/meditation
- rock climbing/bouldering
- rowing
- sailing
- scuba diving
- skiing/snowboarding

**Graduation Requirement**

Students are required to take two physical education/activity courses as part of Lewis & Clark's General Education requirements. The following physical education and athletics courses meet this requirement:

- PE/A 101 Activities
- PE/A 102 Varsity Athletics
- PE/A 141 Wilderness First Responder
- PE/A 142 Wilderness Leadership

Students may register for only one PE/A 101 Activities course per semester. Up to 4 semester credits earned for the courses listed above may be applied toward total credits required for graduation.

**Faculty**


Tara Boatman. Instructor in physical education and athletics, assistant athletic trainer. B.A. 2003 Concordia University.


Chris Fantz. Instructor in physical education and athletics, head swimming coach. B.A. 1999 University of Puget Sound.

Shawna Feldt. Instructor in physical education and athletics, aquatics director, head swimming coach. B.A. 2002 Oregon State University.


Meadow Lemon. Instructor in physical education and athletics, assistant football coach. B.A. 1980 University of South Dakota.


Phil Magbanua. Assistant football coach, assistant track and field coach. B.A. 2000 University of California at Santa Barbara.

Kristian Martin. Assistant director of athletics for information and communication. B.A. 2007 University of North Florida.


Mark Minty. Assistant director of athletics for facilities.


Keith Woodard. Instructor in physical education and athletics, director of cross country and track and field. B.S. 1989 Lewis & Clark College.


**PE/A 101 Activities**

Faculty: Physical Education and Athletics Faculty. Content: Visit go.lclark.edu/physical_education_courses for current course descriptions (including prerequisites and fees for specific offerings). Focus on principles of physical fitness such as safe techniques, conditioning activities, principles of movement, importance of lifetime fitness. Student participation and attendance emphasized. Credit-no credit. May be repeated for credit.

Prerequisites: None.

Usually offered: Annually.

Semester credits: 1.

**PE/A 102 Varsity Athletics**

Faculty: Physical Education and Athletics Faculty. Content: Fall varsity sports: volleyball (W), football (M), cross country (M & W), soccer (W). Spring varsity sports: swimming (M & W), basketball (M & W), tennis (M & W), track and field (M & W), softball (W), baseball (M), golf (M & W), crew (M & W). Credit-no credit. May be repeated for credit.

Prerequisites: None.

Restrictions: Consent of instructor required.

Usually offered: Annually.

Semester credits: 1.

**PE/A 141 Wilderness First Responder**

Faculty: Yuska (College Outdoors) Content: Problem-solving skills for responding to medical emergencies in the wilderness: medical knowledge, resource assessment, team management. Exceeds requirements for National First Responder Curriculum. Taught during semester break in January. Credit-no credit. Fee. Prerequisites: None.

Restrictions: Consent of College Outdoors required.

Usually offered: Annually, spring semester.

Semester credits: 1.
PE/A 142 Wilderness Leadership
Faculty: Yuska (College Outdoors)
Content: Leadership, followership, and decision making in a wilderness environment. Five class meetings and extensive outdoor field experience offering opportunities to develop and test interpersonal and technical skills. Credit-no credit. Fee. Prerequisites: None. Restrictions: Consent of College Outdoors required. Usually offered: Annually, spring semester. Semester credits: 1.

PE/A 340 Prevention and Care of Injuries
Faculty: Pietrok.

PE/A 405 Advanced Athletic Training
Faculty: Pietrok.

PE/A 444 Practicum
Faculty: Physical Education and Athletics Faculty.
Content: Independent project developed under the direction of a faculty member. May be repeated for credit. Prerequisites: None. Restrictions: Sophomore standing and consent required. Usually offered: Annually. Semester credits: 1-4.

PE/A 499 Independent Study
Faculty: Physical Education and Athletics Faculty.
Content: Independent topic developed and researched under the direction of a faculty member. May be repeated for credit. Prerequisites: None. Restrictions: Sophomore standing and consent required. Usually offered: Annually. Semester credits: 1-4.